

Kern High School District

2012 - Special Education Special of the Day Lunch Menu CDE & USDA are Equal Opportunity Employers & Providers

Monday	Tuesday	Wednesday	Thursday	Friday
	Tue - 5/1/2012 TODAY'S DAILY SPECIAL Turkey Breast & Cheese on Fr. Roll SELECT 3 SIDES Broccoli & Raisin Salad Canned Pineapple Tidbits in Juice Tropical Treat Crackers	Wed - 5/2/2012 TODAY'S DAILY SPECIAL Mini Cheese Burge Sliders SELECT 3 SIDES Mediterranean Salad Fresh Banana Cool Pears in Lite Syrup	Thu - 5/3/2012 TODAY'S DAILY SPECIAL Uncrustables PBJ Sandwich SELECT 4 SIDES Orange Juice Cowboy Caviar (cold bean salad) Celery Sticks & Baby Carrots Peanut Butter Dip	Fri - 5/4/2012 TODAY'S DAILY SPECIAL Tender Turkey & Gravy over Mashed Potatoes SELECT 3 SIDES Spring Mix w/ Walnuts & Cranberries Mixed Fruit, Lite Syrup
Mon - 5/7/2012 TODAY'S DAILY SPECIAL Asian Orange Chicken Steamed Brown Rice SELECT 3 SIDES Sweet Corn Kernels Broccoli & Raisin Salad Juicy Orange Wedges	Tue - 5/8/2012 TODAY'S DAILY SPECIAL Delux Brd Chicken Breast Filet on Bun SELECT 3 SIDES Celery & Carrot Sticks w/ Peanut Butter Fresh Sliced Apple Orange Juice	Wed - 5/9/2012 TODAY'S DAILY SPECIAL Cheeseburger Lettuce, Tomato, Pickle SELECT 3 SIDES Crunchy Baby Carrots Unsweetened Applesauce California Raisins	Thu - 5/10/2012 TODAY'S DAILY SPECIAL SalsaVerde Tamale Pocket SELECT 3 SIDES Mexicali Corn Unsweetened Applesauce Fresh Banana	Fri - 5/11/2012 TODAY'S DAILY SPECIAL BBQ Glazed Chicken Roasted Red Potatoes SELECT 3 SIDES Celery & Carrot Sticks w/ Peanut Butter Fresh Sliced Apple Toasty Garlic Breadstick
Mon - 5/14/2012 TODAY'S DAILY SPECIAL Pasta Bowl w/ Meatless Marinara Sauce Pasta Bowl w/ Meaty or Marinara Sauce SELECT 3 SIDES Three Bean Salad Sweet Diced Peaches Toasty Garlic Breadstick	Tue - 5/15/2012 TODAY'S DAILY SPECIAL Ham & Cheese on a Wheat Roll** SELECT 3 SIDES Broccoli & Raisin Salad Canned Pineapple Tidbits in Juice Tropical Treat Crackers	Wed - 5/16/2012 TODAY'S DAILY SPECIAL Mini Cheese Burge Sliders SELECT 3 SIDES Mediterranean Salad Fresh Banana Cool Pears in Lite Syrup	Thu - 5/17/2012 TODAY'S DAILY SPECIAL Uncrustables PBJ Sandwich SELECT 4 SIDES Orange Juice Cowboy Caviar (cold bean salad) Celery Sticks & Baby Carrots Peanut Butter Dip	Fri - 5/18/2012 TODAY'S DAILY SPECIAL Tender Turkey & Gravy over Mashed Potatoes SELECT 3 SIDES Spring Mix w/ Walnuts & Cranberries Mixed Fruit, Lite Syrup

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Kern High School District

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 5/21/2012 TODAY'S DAILY SPECIAL Crustless Peanut Butter & Jelly SELECT 3 SIDES Sweet Corn Kernels Broccoli & Raisin Salad Juicy Orange Wedges	Tue - 5/22/2012 TODAY'S DAILY SPECIAL Delux Brd Chicken Breast Filet on Bun SELECT 3 SIDES Celery & Carrot Sticks w/ Peanut Butter Fresh Sliced Apple Orange Juice	Wed - 5/23/2012 TODAY'S DAILY SPECIAL Cheeseburger Lettuce, Tomato, Pickle SELECT 4 SIDES Crunchy Baby Carrots Unsweetened Applesauce California Raisins	Thu - 5/24/2012 TODAY'S DAILY SPECIAL BBQ Glazed Pork Rib Sandwich** SELECT 4 SIDES Orange Juice Mexicali Corn Unsweetened Applesauce Fresh Banana	Fri - 5/25/2012 TODAY'S DAILY SPECIAL Super Bean & Cheese Burrito SELECT 3 SIDES Celery & Carrot Sticks w/ Peanut Butter Fresh Sliced Apple Toasty Garlic Breadstick
Mon - 5/28/2012 Memorial Day Observance	Tue - 5/29/2012 TODAY'S DAILY SPECIAL Turkey Breast & Cheese on Fr. Roll SELECT 3 SIDES Broccoli & Raisin Salad Canned Pineapple Tidbits in Juice Tropical Treat Crackers	Wed - 5/30/2012 TODAY'S DAILY SPECIAL Mini Cheese Burge Sliders SELECT 3 SIDES Mediterranean Salad Fresh Banana Cool Pears in Lite Syrup	Thu - 5/31/2012 TODAY'S DAILY SPECIAL Uncrustables PBJ Sandwich SELECT 4 SIDES Orange Juice Cowboy Caviar (cold bean salad) Celery Sticks & Baby Carrots Peanut Butter Dip	

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