

Kern High School District

Apr 9, 2012 thru Apr 30, 2012 Spreadsheet - Portion Values

Mar 15, 2012

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KV Daily Special Lunch

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Mon - 04/09/2012														
KV Daily Special Lunch	Total	7												
TODAY'S DAILY SPECIAL	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Lings52724 Orange Chicken	3/4 Cup	1	148	45	207	0.30	0.91	19.9	229	9.29	10.9	12.64	5.34	1.14
Lings, Chicken, Smoked Teriyak	3/4 Cup	1	109	60	200	0.30	0.85	18.8	224	11.82	15.06	4.74	2.85	0.71
RICE, Cooked Brown	1 CUP	1	268	0	18	3.52	0.82	28.3	0	0.0	5.05	44.91	7.49	1.18
PIZZA SLICE OF THE DAY	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
RedBarron73142 BDad PepPizza	Cut 8	1	398	17	628	5.00	3.63	301.5	500	0.0	24.46	49.08	12.69	4.23
RedBarron73142BDadVeggie	1/8 Slice	1	473	42	1111	2.63	3.97	409.7	869	15.13	23.9	53.65	18.55	9.35
Condiments, Pizza	Packet	1	12	2	32	0.24	0.09	24.4	386	0.67	0.91	0.58	0.75	0.39
AZGold 2120700W Bean Burrito	7 oz.	1	458	20	800	6.00	5.76	340.0	399	0.0	14.5	68.5	12.0	5.50
VEGETARIAN OPTION	1 Each	1	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Smucker6673PBJ Crustless/soy	2.5 oz.	1	260	0	290	2.00	1.80	20.0	0	0.0	9.0	31.0	11.0	2.00
BOXED ENTREE SALAD	1 Each	1	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Salad, Tyson Patty w/ Roll	Container	1	407	40	1120	8.14	5.15	131.2	15863	40.64	22.25	49.16	14.8	2.73
SELECT 1-4 SIDES	1 Each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
BROCCOLI SALAD	.50 CUP	7	154	7	172	1.99	0.82	29.0	503	30.3	1.76	31.05	3.67	0.61
Carrots, Baby, 3 oz.	3 oz.	7	35	0	65	2.00	0.36	20.0	6000	6.0	1.0	8.0	0.0	0.00
PEACHES,CANNED,LIGHT SYRUP	.50 CUP	7	68	0	6	1.63	0.45	3.8	444	3.01	0.56	18.26	0.04	0.00
Juice, 100%, 4 oz., Assorted	4 oz.	7	72	0	12	0.00	0.00	6.7	0	26.0	0.33	15.71	0.0	0.00
CHOICE OF MILK	1 each	7	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Milk, NFChocolate/Strawberry	HALF PINT	3	140	5	180	0.00	0.00	350.0	500	0.0	9.0	25.0	0.0	0.00
Milk,1% Lowfat	HALF PINT	3	130	15	160	0.00	0.00	400.0	500	2.4	11.0	16.0	2.5	1.50
MILK SKIM	1/2 pint	1	90	5	135	0.00	0.00	350.0	500	2.4	9.0	14.0	0.0	0.00
Taco Sauce(pkt)	1 each	7	6	0	37	0.00	0.00	0.0	0	1.35	0.0	1.13	0.0	0.00
Weighted Daily Average			824	48	1087	9.64	4.91	615.7	10086	79.11	31.52	138.61	16.98	5.14
% of Calories											15.3%	67.3%	18.5%	5.6%
Nutrient Guideline			846	120	1420	8.00	4.50	400.00	1500	19.20	16.70		<=30.0	<10.00
% of Guideline Satisfied			97%	40%	77%	121%	109%	154%	672%	412%	189%			
Shortfall			22	72	333									

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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1 - denotes optional nutrient values

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KV Daily Special Lunch

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Tue - 04/10/2012														
KV Daily Special Lunch	Total	6												
TODAY'S DAILY SPECIAL	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
CK RF Taco Salad	4 oz. laddle	1	168	24	46	4.43	2.52	37.7	265	3.24	11.75	17.84	5.22	2.46
CK RF Taco Salad, Vegetarian	1 CUP	1	141	0	53	8.76	2.43	60.1	701	4.08	8.33	25.52	1.22	0.19
Warnock21120RF Tortilla Chips	2 OZ	2	250	0	200	4.00	0.72	80.0	0	0.0	4.0	38.0	9.0	1.00
LETTUCE,COS OR ROMAINE,RAW	1 CUP	2	8	0	4	0.95	0.44	15.0	3951	1.81	0.56	1.49	0.14	0.02
Gelh3214 Cheese Sauce Lite	2 OZ	2	41	0	439	0.00	0.00	36.6	2744	0.0	0.91	6.4	1.37	0.46
Foothill Farms Ranch Dressing	2 OZ	2	117	11	261	0.02	0.02	63.9	110	1.52	1.83	5.0	9.79	1.03
AZGold 2120700W Bean Burrito	7 oz.	1	458	20	800	6.00	5.76	340.0	399	0.0	14.5	68.5	12.0	5.50
PIZZA SLICE OF THE DAY	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
RedBarron73142 BDad PepPizza	Cut 8	1	398	17	628	5.00	3.63	301.5	500	0.0	24.46	49.08	12.69	4.23
RedBarron73142BDadVeggie	1/8 Slice	1	473	42	1111	2.63	3.97	409.7	869	15.13	23.9	53.65	18.55	9.35
Condiments, Pizza	Packet	1	12	2	32	0.24	0.09	24.4	386	0.67	0.91	0.58	0.75	0.39
BOXED ENTREE SALAD	1 Each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Salad, Tyson Patty w/ Roll	Container	1	407	40	1120	8.14	5.15	131.2	15863	40.64	22.25	49.16	14.8	2.73
SELECT 1-4 SIDES	1 Each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Vegetables, Raw Medley #1	1 CUP	6	20	0	14	1.51	0.38	19.7	507	33.52	1.38	3.68	0.22	0.04
SALAD DRESSING, Students	1 EA	6	27	0	405	0.00	0.18	5.0	0	0.0	0.5	4.87	0.88	0.00
Carrots, Baby, 3 oz.	3 oz.	6	35	0	65	2.00	0.36	20.0	6000	6.0	1.0	8.0	0.0	0.00
BANANAS	1 EACH	6	90	0	1	2.63	0.26	5.1	65	8.79	1.1	23.07	0.33	0.11
Juice, 100%, 4 oz., Assorted	4 oz.	6	72	0	12	0.00	0.00	6.7	0	26.0	0.33	15.71	0.0	0.00
CHOICE OF MILK	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Milk, NFChocolate/Strawberry	HALF PINT	2	140	5	180	0.00	0.00	350.0	500	0.0	9.0	25.0	0.0	0.00
Milk,1% Lowfat	HALF PINT	2	130	15	160	0.00	0.00	400.0	500	2.4	11.0	16.0	2.5	1.50
MILK SKIM	1/2 pint	2	90	5	135	0.00	0.00	350.0	500	2.4	9.0	14.0	0.0	0.00
Taco Sauce(pkt)	2 each	6	11	0	73	0.00	0.00	0.0	0	2.7	0.0	2.25	0.0	0.00
Weighted Daily Average			857	36	1662	13.66	5.50	705.6	12503	90.35	34.10	136.94	19.90	5.63
% of Calories											15.9%	63.9%	20.9%	5.9%
Nutrient Guideline			846	120	1420	8.00	4.50	400.00	1500	19.20	16.70		<=30.0	<10.00
% of Guideline Satisfied			101%	30%	117%	171%	122%	176%	834%	471%	204%			
Shortfall				84										

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KV Daily Special Lunch

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Wed - 04/11/2012														
KV Daily Special Lunch	Total	5												
TODAY'S DAILY SPECIAL	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
CK Turkey & Gravy	8 oz. laddle	1	224	*42	628	*0.29	*1.81	*53.7	*254	*0.25	*19.15	12.4	10.25	*2.79
BAF 10426 LowNa MashedPotatoes	.50 Cup	1	80	0	110	1.20	1.08	10.0	0	3.6	1.4	14.6	1.0	0.00
AZGold 2120700W Bean Burrito	7 oz.	1	458	20	800	6.00	5.76	340.0	399	0.0	14.5	68.5	12.0	5.50
PIZZA SLICE OF THE DAY	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
RedBarron73142 BDad PepPizza	Cut 8	1	398	17	628	5.00	3.63	301.5	500	0.0	24.46	49.08	12.69	4.23
RedBarron73142BDadVeggie	1/8 Slice	1	473	42	1111	2.63	3.97	409.7	869	15.13	23.9	53.65	18.55	9.35
Condiments, Pizza	Packet	1	12	2	32	0.24	0.09	24.4	386	0.67	0.91	0.58	0.75	0.39
BOXED ENTREE SALAD	1 Each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Salad, Tyson Patty w/ Roll	Container	1	407	40	1120	8.14	5.15	131.2	15863	40.64	22.25	49.16	14.8	2.73
VEGETARIAN OPTION	1 Each	1	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Don Lee Farms10321 Veggie Burg	Sandwich	1	344	7	776	5.50	2.54	119.1	3705	8.0	12.02	48.0	12.38	2.37
SELECT 1-4 SIDES	1 Each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
SWEET POTATO, BAKED	1 EACH	5	151	10	75	4.04	0.83	49.7	22028	22.36	2.35	27.39	4.01	2.47
Vegetable, Fresh Green Beans	.50 CUP	5	12	0	91	1.24	0.37	20.6	232	1.73	0.63	2.71	0.07	0.02
SALAD DRESSING, Students	1 EA	5	27	0	405	0.00	0.18	5.0	0	0.0	0.5	4.87	0.88	0.00
FRUIT COCKTAIL:canned,lt syrup	.50 Cup	5	73	0	8	1.29	0.37	7.7	264	2.45	0.52	19.23	0.09	0.01
Juice, 100%, 4 oz., Assorted	4 oz.	5	72	0	12	0.00	0.00	6.7	0	26.0	0.33	15.71	0.0	0.00
CHOICE OF MILK	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Milk, NFChocolate/Strawberry	HALF PINT	2	140	5	180	0.00	0.00	350.0	500	0.0	9.0	25.0	0.0	0.00
Milk,1% Lowfat	HALF PINT	2	130	15	160	0.00	0.00	400.0	500	2.4	11.0	16.0	2.5	1.50
MILK SKIM	1/2 pint	1	90	5	135	0.00	0.00	350.0	500	2.4	9.0	14.0	0.0	0.00
Taco Sauce(pkt)	2 each	5	11	0	73	0.00	0.00	0.0	0	2.7	0.0	2.25	0.0	0.00
Weighted Daily Average			952	*53	1868	*12.37	*6.56	*737.6	*27420	*70.34	*37.85	150.56	22.53	*8.57
% of Calories											*15.9%	63.3%	21.3%	*8.1%
Nutrient Guideline			846	120	1420	8.00	4.50	400.00	1500	19.20	16.70		<=30.0	<10.00
% of Guideline Satisfied			112%	44%	132%	155%	146%	184%	1828%	366%	227%			
Shortfall				67										

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KV Daily Special Lunch

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Thu - 04/12/2012														
KV Daily Special Lunch	Total	6												
TODAY'S DAILY SPECIAL	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Lasagna, beef & cheese	cut 4 x 6	1	319	56	666	3.99	3.56	260.6	1200	14.73	17.17	39.64	10.12	5.33
Lasagna, Vegetable	cut 4x6	1	330	32	644	5.05	3.11	230.3	9737	17.43	17.46	41.44	10.49	3.12
PIZZA SLICE OF THE DAY	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
RedBarron73142 BDad PepPizza	Cut 8	1	398	17	628	5.00	3.63	301.5	500	0.0	24.46	49.08	12.69	4.23
RedBarron73142BDadVeggie	1/8 Slice	1	473	42	1111	2.63	3.97	409.7	869	15.13	23.9	53.65	18.55	9.35
Condiments, Pizza	Packet	1	12	2	32	0.24	0.09	24.4	386	0.67	0.91	0.58	0.75	0.39
AZGold 2120700W Bean Burrito	7 oz.	1	458	20	800	6.00	5.76	340.0	399	0.0	14.5	68.5	12.0	5.50
BOXED ENTREE SALAD	1 Each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Salad, chik, spicy/plain	Container	1	265	40	500	5.83	3.53	97.3	7051	57.09	17.38	22.85	12.67	2.34
SELECT 1-4 SIDES	1 Each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Romaine Lettuce Salad #2	1.75 Cup	6	107	3	307	4.00	1.76	75.7	3313	16.41	5.06	16.33	2.52	0.71
SALAD DRESSING, Students	1 EA	6	27	0	405	0.00	0.18	5.0	0	0.0	0.5	4.87	0.88	0.00
CELERY STICKS	.50 Cup	6	4	0	19	0.38	0.05	9.6	108	0.74	0.17	0.71	0.04	0.01
APRICOTS: canned,light syrup	.50 CUP	6	80	0	5	2.02	0.49	13.9	1672	3.42	0.67	20.86	0.06	0.00
Juice, 100%, 4 oz., Assorted	4 oz.	6	72	0	12	0.00	0.00	6.7	0	26.0	0.33	15.71	0.0	0.00
CHOICE OF MILK	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Milk, NFChocolate/Strawberry	HALF PINT	2	140	5	180	0.00	0.00	350.0	500	0.0	9.0	25.0	0.0	0.00
Milk,1% Lowfat	HALF PINT	2	130	15	160	0.00	0.00	400.0	500	2.4	11.0	16.0	2.5	1.50
MILK SKIM	1/2 pint	2	90	5	135	0.00	0.00	350.0	500	2.4	9.0	14.0	0.0	0.00
Taco Sauce(pkt)	1 each	6	6	0	37	0.00	0.00	0.0	0	1.35	0.0	1.13	0.0	0.00
Weighted Daily Average			791	45	1674	11.20	6.42	754.8	8950	67.03	35.70	123.90	17.21	6.27
% of Calories											18.1%	62.7%	19.6%	7.1%
Nutrient Guideline			846	120	1420	8.00	4.50	400.00	1500	19.20	16.70		<=30.0	<10.00
% of Guideline Satisfied			93%	38%	118%	140%	143%	189%	597%	349%	214%			
Shortfall			55	75										

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Fri - 04/13/2012														
KV Daily Special Lunch	Total	6												
TODAY'S DAILY SPECIAL	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
USDA Chicken, BBQ Glazed	SRVG	1	149	51	357	0.00	1.00	7.0	70	0.0	11.27	10.46	6.06	2.00
PIZZA SLICE OF THE DAY	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
RedBarron73142 B Dad Pep Pizza	Cut 8	1	398	17	628	5.00	3.63	301.5	500	0.0	24.46	49.08	12.69	4.23
RedBarron73142 B Dad Veggie	1/8 Slice	1	473	42	1111	2.63	3.97	409.7	869	15.13	23.9	53.65	18.55	9.35
Condiments, Pizza	Packet	1	12	2	32	0.24	0.09	24.4	386	0.67	0.91	0.58	0.75	0.39
AZGold 2120700W Bean Burrito	7 oz.	1	458	20	800	6.00	5.76	340.0	399	0.0	14.5	68.5	12.0	5.50
VEGETARIAN OPTION	1 Each	1	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Don Lee Farms10321 Veggie Burg	Sandwich	1	344	7	776	5.50	2.54	119.1	3705	8.0	12.02	48.0	12.38	2.37
Lettuce, Tomato, Pickle Cup	1/2 Cup	1	10	0	257	0.83	0.24	17.3	333	4.66	0.55	2.12	0.12	0.02
Condi, Ket, Mstrd, Mayo, Taco	Serv	1	55	0	434	0.06	0.65	34.6	150	4.95	0.26	8.14	1.58	0.18
BOXED ENTREE SALAD	1 Each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Salad, Tyson Patty w/ Roll	Container	1	407	40	1120	8.14	5.15	131.2	15863	40.64	22.25	49.16	14.8	2.73
SELECT 1-4 SIDES	1 Each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Lamb WestonL0084 Sweet Potato F	3 OZ	6	132	0	111	3.04	0.36	20.3	3544	6.08	1.01	22.27	5.06	0.00
Cowboy Caviar	.50 CUP	6	78	0	242	3.93	1.27	37.5	546	8.93	3.66	15.3	0.81	0.12
STRAWBERRIES, FROZEN, THAWE	.50 CUP	6	39	0	2	2.30	0.83	18.0	50	45.5	0.48	10.09	0.12	0.01
Juice, 100%, 4 oz., Assorted	4 oz.	6	72	0	12	0.00	0.00	6.7	0	26.0	0.33	15.71	0.0	0.00
CHOICE OF MILK	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Milk, NFChocolate/Strawberry	HALF PINT	2	140	5	180	0.00	0.00	350.0	500	0.0	9.0	25.0	0.0	0.00
Milk, 1% Lowfat	HALF PINT	2	130	15	160	0.00	0.00	400.0	500	2.4	11.0	16.0	2.5	1.50
MILK SKIM	1/2 pint	2	90	5	135	0.00	0.00	350.0	500	2.4	9.0	14.0	0.0	0.00
Taco Sauce(pkt)	1 each	6	6	0	37	0.00	0.00	0.0	0	1.35	0.0	1.13	0.0	0.00
Weighted Daily Average			830	38	1482	14.00	6.30	679.9	8352	101.79	33.51	131.11	19.98	5.09
% of Calories											16.2%	63.2%	21.7%	5.5%
Nutrient Guideline			846	120	1420	8.00	4.50	400.00	1500	19.20	16.70		<=30.0	<10.00
% of Guideline Satisfied			98%	32%	104%	175%	140%	170%	557%	530%	201%			
Shortfall			16	82										

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Kern High School District

Apr 9, 2012 thru Apr 30, 2012 Spreadsheet - Portion Values

Mar 15, 2012

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KV Daily Special Lunch

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Mon - 04/16/2012														
KV Daily Special Lunch	Total	9												
TODAY'S DAILY SPECIAL	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Enchilada, Pork Carnitas	Container	1	422	48	595	3.50	1.00	158.0	1068	9.0	20.0	26.0	15.0	6.40
Enchilada, Vegetarian	7.25 oz. Pkg	1	194	6	586	2.60	2.00	160.0	746	7.0	17.3	27.0	5.6	1.00
PIZZA SLICE OF THE DAY	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
RedBarron73142 BDad PepPizza	Cut 8	1	398	17	628	5.00	3.63	301.5	500	0.0	24.46	49.08	12.69	4.23
RedBarron73142BDadVeggie	1/8 Slice	1	473	42	1111	2.63	3.97	409.7	869	15.13	23.9	53.65	18.55	9.35
Condiments, Pizza	Packet	1	12	2	32	0.24	0.09	24.4	386	0.67	0.91	0.58	0.75	0.39
AZGold 2120700W Bean Burrito	7 oz.	1	458	20	800	6.00	5.76	340.0	399	0.0	14.5	68.5	12.0	5.50
BOXED ENTREE SALAD	1 Each	1	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Salad, Tyson Patty w/ Roll	Container	1	407	40	1120	8.14	5.15	131.2	15863	40.64	22.25	49.16	14.8	2.73
SELECT 1-4 SIDES	1 Each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
BROCCOLI SALAD	.50 CUP	9	154	7	172	1.99	0.82	29.0	503	30.3	1.76	31.05	3.67	0.61
Carrots, Baby, 3 oz.	3 oz.	9	35	0	65	2.00	0.36	20.0	6000	6.0	1.0	8.0	0.0	0.00
Trail Mix - Fruit & Nuts USDA	1/3 Cup	9	237	0	0	5.27	1.23	68.6	0	0.0	4.04	40.44	6.68	3.52
Juice, 100%, 4 oz., Assorted	4 oz.	9	72	0	12	0.00	0.00	6.7	0	26.0	0.33	15.71	0.0	0.00
CHOICE OF MILK	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Milk, NFChocolate/Strawberry	HALF PINT	3	140	5	180	0.00	0.00	350.0	500	0.0	9.0	25.0	0.0	0.00
Milk, 1% Lowfat	HALF PINT	3	130	15	160	0.00	0.00	400.0	500	2.4	11.0	16.0	2.5	1.50
MILK SKIM	1/2 pint	3	90	5	135	0.00	0.00	350.0	500	2.4	9.0	14.0	0.0	0.00
Taco Sauce(pkt)	1 each	9	6	0	37	0.00	0.00	0.0	0	1.35	0.0	1.13	0.0	0.00
Weighted Daily Average			886	35	986	12.39	4.81	660.3	9206	73.30	30.51	145.10	20.00	7.91
% of Calories											13.8%	65.5%	20.3%	8.0%
Nutrient Guideline			846	120	1420	8.00	4.50	400.00	1500	19.20	16.70		<=30.0	<10.00
% of Guideline Satisfied			105%	29%	69%	155%	107%	165%	614%	382%	183%			
Shortfall				85	434									

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Kern High School District

Apr 9, 2012 thru Apr 30, 2012 Spreadsheet - Portion Values

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KV Daily Special Lunch

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Tue - 04/17/2012														
KV Daily Special Lunch	Total	6												
TODAY'S DAILY SPECIAL	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
CK RF Taco Salad	4 oz. laddle	1	168	24	46	4.43	2.52	37.7	265	3.24	11.75	17.84	5.22	2.46
CK RF Taco Salad, Vegetarian	1 CUP	1	141	0	53	8.76	2.43	60.1	701	4.08	8.33	25.52	1.22	0.19
Warnock21120RF Tortilla Chips	2 OZ	2	250	0	200	4.00	0.72	80.0	0	0.0	4.0	38.0	9.0	1.00
LETTUCE,COS OR ROMAINE,RAW	1 CUP	2	8	0	4	0.95	0.44	15.0	3951	1.81	0.56	1.49	0.14	0.02
Gelh3214 Cheese Sauce Lite	2 OZ	2	41	0	439	0.00	0.00	36.6	2744	0.0	0.91	6.4	1.37	0.46
Foothill Farms Ranch Dressing	2 OZ	2	117	11	261	0.02	0.02	63.9	110	1.52	1.83	5.0	9.79	1.03
AZGold 2120700W Bean Burrito	7 oz.	1	458	20	800	6.00	5.76	340.0	399	0.0	14.5	68.5	12.0	5.50
PIZZA SLICE OF THE DAY	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
RedBarron73142 BDad PepPizza	Cut 8	1	398	17	628	5.00	3.63	301.5	500	0.0	24.46	49.08	12.69	4.23
RedBarron73142BDadVeggie	1/8 Slice	1	473	42	1111	2.63	3.97	409.7	869	15.13	23.9	53.65	18.55	9.35
Condiments, Pizza	Packet	1	12	2	32	0.24	0.09	24.4	386	0.67	0.91	0.58	0.75	0.39
BOXED ENTREE SALAD	1 Each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Salad, Tyson Patty w/ Roll	Container	1	407	40	1120	8.14	5.15	131.2	15863	40.64	22.25	49.16	14.8	2.73
SELECT 1-4 SIDES	1 Each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Vegetable, Corn, frozen	.50 Cup	6	75	0	5	1.77	0.37	3.7	170	5.31	2.5	17.17	0.85	0.14
Carrots, Baby, 3 oz.	3 oz.	6	35	0	65	2.00	0.36	20.0	6000	6.0	1.0	8.0	0.0	0.00
Dried Fruit, Apricot Blend	1 oz.	6	80	0	5	2.00	0.54	10.0	200	0.6	0.0	19.0	0.0	0.00
Juice, 100%, 4 oz., Assorted	4 oz.	6	72	0	12	0.00	0.00	6.7	0	26.0	0.33	15.71	0.0	0.00
CHOICE OF MILK	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Milk, NFChocolate/Strawberry	HALF PINT	2	140	5	180	0.00	0.00	350.0	500	0.0	9.0	25.0	0.0	0.00
Milk,1% Lowfat	HALF PINT	2	130	15	160	0.00	0.00	400.0	500	2.4	11.0	16.0	2.5	1.50
MILK SKIM	1/2 pint	2	90	5	135	0.00	0.00	350.0	500	2.4	9.0	14.0	0.0	0.00
Taco Sauce(pkt)	2 each	6	11	0	73	0.00	0.00	0.0	0	2.7	0.0	2.25	0.0	0.00
Weighted Daily Average			874	36	1251	13.29	5.58	689.7	12302	53.95	33.62	141.48	19.32	5.62
% of Calories											15.4%	64.7%	19.9%	5.8%
Nutrient Guideline			846	120	1420	8.00	4.50	400.00	1500	19.20	16.70		<=30.0	<10.00
% of Guideline Satisfied			103%	30%	88%	166%	124%	172%	820%	281%	201%			
Shortfall				84	169									

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Kern High School District

Apr 9, 2012 thru Apr 30, 2012 Spreadsheet - Portion Values

KV Daily Special Lunch

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Wed - 04/18/2012														
KV Daily Special Lunch	Total	6												
TODAY'S DAILY SPECIAL	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
CK Turkey & Gravy	8 oz. laddle	1	224	*42	628	*0.29	*1.81	*53.7	*254	*0.25	*19.15	12.4	10.25	*2.79
BAF 10426 LowNa MashedPotatoes	.50 Cup	1	80	0	110	1.20	1.08	10.0	0	3.6	1.4	14.6	1.0	0.00
AZGold 2120700W Bean Burrito	7 oz.	1	458	20	800	6.00	5.76	340.0	399	0.0	14.5	68.5	12.0	5.50
PIZZA SLICE OF THE DAY	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
RedBarron73142 BDad PepPizza	Cut 8	1	398	17	628	5.00	3.63	301.5	500	0.0	24.46	49.08	12.69	4.23
RedBarron73142BDadVeggie	1/8 Slice	1	473	42	1111	2.63	3.97	409.7	869	15.13	23.9	53.65	18.55	9.35
Condiments, Pizza	Packet	1	12	2	32	0.24	0.09	24.4	386	0.67	0.91	0.58	0.75	0.39
BOXED ENTREE SALAD	1 Each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Salad, Tyson Patty w/ Roll	Container	1	407	40	1120	8.14	5.15	131.2	15863	40.64	22.25	49.16	14.8	2.73
VEGETARIAN OPTION	1 Each	1	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Don Lee Farms10321 Veggie Burg	Sandwich	1	344	7	776	5.50	2.54	119.1	3705	8.0	12.02	48.0	12.38	2.37
Lettuce, Tomato, Pickle Cup	1/2 Cup	1	10	0	257	0.83	0.24	17.3	333	4.66	0.55	2.12	0.12	0.02
Condi, Ket, Mstrd, Mayo, Taco	Serv	1	55	0	434	0.06	0.65	34.6	150	4.95	0.26	8.14	1.58	0.18
SELECT 1-4 SIDES	1 Each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
SWEET POTATO, BAKED	1 EACH	6	151	10	75	4.04	0.83	49.7	22028	22.36	2.35	27.39	4.01	2.47
Vegetable, Fresh Green Beans	.50 CUP	6	12	0	91	1.24	0.37	20.6	232	1.73	0.63	2.71	0.07	0.02
Kiwi, Fresh, halves, 36ct.	2 Halves	6	46	0	2	2.28	0.24	25.8	66	70.45	0.87	11.14	0.4	0.02
Juice, 100%, 4 oz., Assorted	4 oz.	6	72	0	12	0.00	0.00	6.7	0	26.0	0.33	15.71	0.0	0.00
CHOICE OF MILK	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Milk, NFChocolate/Strawberry	HALF PINT	2	140	5	180	0.00	0.00	350.0	500	0.0	9.0	25.0	0.0	0.00
Milk, 1% Lowfat	HALF PINT	2	130	15	160	0.00	0.00	400.0	500	2.4	11.0	16.0	2.5	1.50
MILK SKIM	1/2 pint	2	90	5	135	0.00	0.00	350.0	500	2.4	9.0	14.0	0.0	0.00
Taco Sauce(pkt)	2 each	5	11	0	73	0.00	0.00	0.0	0	2.7	0.0	2.25	0.0	0.00
Weighted Daily Average			820	*47	1382	*12.54	*5.59	*709.7	*26570	*137.38	*33.75	128.20	19.33	*7.60
% of Calories											*16.5%	62.5%	21.2%	*8.3%
Nutrient Guideline			846	120	1420	8.00	4.50	400.00	1500	19.20	16.70		<=30.0	<10.00
% of Guideline Satisfied			97%	39%	97%	157%	124%	177%	1771%	716%	202%			
Shortfall			26	73	38									

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Kern High School District

Apr 9, 2012 thru Apr 30, 2012 Spreadsheet - Portion Values

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KV Daily Special Lunch

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Thu - 04/19/2012														
KV Daily Special Lunch	Total	6												
TODAY'S DAILY SPECIAL	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
CK Marinara w/ Beef & TVP	Serving	1	188	40	846	1.74	1.84	236.3	906	13.6	14.23	9.07	11.0	5.67
CK Pasta Bowl w/ Marinara	Serving	1	396	31	808	9.32	4.04	482.7	1302	31.99	25.61	53.53	10.89	6.38
AZGold 2120700W Bean Burrito	7 oz.	1	458	20	800	6.00	5.76	340.0	399	0.0	14.5	68.5	12.0	5.50
PIZZA SLICE OF THE DAY	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
RedBarron73142 BDad PepPizza	Cut 8	1	398	17	628	5.00	3.63	301.5	500	0.0	24.46	49.08	12.69	4.23
RedBarron73142BDadVeggie	1/8 Slice	1	473	42	1111	2.63	3.97	409.7	869	15.13	23.9	53.65	18.55	9.35
Condiments, Pizza	Packet	1	12	2	32	0.24	0.09	24.4	386	0.67	0.91	0.58	0.75	0.39
BOXED ENTREE SALAD	1 Each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Salad, Tyson Patty w/ Roll	Container	1	407	40	1120	8.14	5.15	131.2	15863	40.64	22.25	49.16	14.8	2.73
SELECT 1-4 SIDES	1 Each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Romaine Lettuce Salad #2	1.75 Cup	6	114	3	309	4.45	1.86	79.4	3623	21.51	5.39	17.78	2.59	0.73
SALAD DRESSING, Students	1 EA	6	27	0	405	0.00	0.18	5.0	0	0.0	0.5	4.87	0.88	0.00
Elizabeth's Croutons, Cheese/	.5 oz.	6	60	0	95	0.00	0.18	0.0	0	0.0	2.0	10.0	2.0	0.00
Vegetables, Raw Medley #1	.50 CUP	6	10	0	7	0.76	0.19	9.8	253	16.76	0.69	1.84	0.11	0.02
CHERRIES,SWT,FRZ,unSWTND	.50 CUP	6	36	0	1	1.24	0.41	10.1	674	1.32	0.71	8.54	0.34	0.08
Juice, 100%, 4 oz., Assorted	4 oz.	6	72	0	12	0.00	0.00	6.7	0	26.0	0.33	15.71	0.0	0.00
CHOICE OF MILK	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Milk, NFChocolate/Strawberry	HALF PINT	2	140	5	180	0.00	0.00	350.0	500	0.0	9.0	25.0	0.0	0.00
Milk,1% Lowfat	HALF PINT	2	130	15	160	0.00	0.00	400.0	500	2.4	11.0	16.0	2.5	1.50
MILK SKIM	1/2 pint	2	90	5	135	0.00	0.00	350.0	500	2.4	9.0	14.0	0.0	0.00
Taco Sauce(pkt)	2 each	6	11	0	73	0.00	0.00	0.0	0	2.7	0.0	2.25	0.0	0.00
Weighted Daily Average			838	43	1951	11.95	6.90	798.6	8422	86.89	40.27	126.59	20.20	7.03
% of Calories											19.2%	60.4%	21.7%	7.5%
Nutrient Guideline			846	120	1420	8.00	4.50	400.00	1500	19.20	16.70		<=30.0	<10.00
% of Guideline Satisfied			99%	36%	137%	149%	153%	200%	561%	453%	241%			
Shortfall			8	77										

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Kern High School District

Apr 9, 2012 thru Apr 30, 2012 Spreadsheet - Portion Values

Mar 15, 2012

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KV Daily Special Lunch

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Fri - 04/20/2012														
KV Daily Special Lunch	Total	6												
TODAY'S DAILY SPECIAL	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Culinary Std 9307DF Tky Tacos	2 tacos	1	374	91	999	4.80	6.00	73.1	608	0.0	33.57	29.11	11.99	3.35
BEAN TACO	2 EACH	1	342	3	628	9.50	4.19	170.6	135	3.52	16.09	55.07	5.44	1.72
Taco Toppings, Let, Tom, Chs	SRV	1	132	30	221	0.93	0.45	213.7	750	8.74	7.73	3.94	9.54	6.00
PIZZA SLICE OF THE DAY	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
RedBarron73142 BDad PepPizza	Cut 8	1	398	17	628	5.00	3.63	301.5	500	0.0	24.46	49.08	12.69	4.23
RedBarron73142BDadVeggie	1/8 Slice	1	473	42	1111	2.63	3.97	409.7	869	15.13	23.9	53.65	18.55	9.35
Condiments, Pizza	Packet	1	12	2	32	0.24	0.09	24.4	386	0.67	0.91	0.58	0.75	0.39
AZGold 2120700W Bean Burrito	7 oz.	1	458	20	800	6.00	5.76	340.0	399	0.0	14.5	68.5	12.0	5.50
BOXED ENTREE SALAD	1 Each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Salad, Tyson Patty w/ Roll	Container	1	407	40	1120	8.14	5.15	131.2	15863	40.64	22.25	49.16	14.8	2.73
SELECT 1-4 SIDES	1 Each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Cowboy Caviar	.50 CUP	6	78	0	242	3.93	1.27	37.5	546	8.93	3.66	15.3	0.81	0.12
CELERY STICKS	.50 Cup	6	4	0	19	0.38	0.05	9.6	108	0.74	0.17	0.71	0.04	0.01
SALAD DRESSING, Students	1 EA	6	27	0	405	0.00	0.18	5.0	0	0.0	0.5	4.87	0.88	0.00
FRUIT COCKTAIL:canned,lt syrup	.50 Cup	6	73	0	8	1.29	0.37	7.7	264	2.45	0.52	19.23	0.09	0.01
Juice, 100%, 4 oz., Assorted	4 oz.	6	72	0	12	0.00	0.00	6.7	0	26.0	0.33	15.71	0.0	0.00
CHOICE OF MILK	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Milk, NFChocolate/Strawberry	HALF PINT	2	140	5	180	0.00	0.00	350.0	500	0.0	9.0	25.0	0.0	0.00
Milk,1% Lowfat	HALF PINT	2	130	15	160	0.00	0.00	400.0	500	2.4	11.0	16.0	2.5	1.50
MILK SKIM	1/2 pint	2	90	5	135	0.00	0.00	350.0	500	2.4	9.0	14.0	0.0	0.00
Taco Sauce(pkt)	1 each	6	6	0	37	0.00	0.00	0.0	0	1.35	0.0	1.13	0.0	0.00
Weighted Daily Average			812	49	1805	11.81	6.74	710.6	4669	52.52	38.75	126.80	16.95	6.19
% of Calories											19.1%	62.5%	18.8%	6.9%
Nutrient Guideline			846	120	1420	8.00	4.50	400.00	1500	19.20	16.70		<=30.0	<10.00
% of Guideline Satisfied			96%	41%	127%	148%	150%	178%	311%	274%	232%			
Shortfall			34	71										

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Kern High School District

Apr 9, 2012 thru Apr 30, 2012 Spreadsheet - Portion Values

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KV Daily Special Lunch

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Mon - 04/23/2012														
KV Daily Special Lunch	Total	7												
TODAY'S DAILY SPECIAL	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Lings52724 Orange Chicken	3/4 Cup	1	148	45	207	0.30	0.91	19.9	229	9.29	10.9	12.64	5.34	1.14
Lings, Chicken, Smoked Teriyak	3/4 Cup	1	109	60	200	0.30	0.85	18.8	224	11.82	15.06	4.74	2.85	0.71
RICE, Cooked Brown	1 CUP	1	268	0	18	3.52	0.82	28.3	0	0.0	5.05	44.91	7.49	1.18
PIZZA SLICE OF THE DAY	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
RedBarron73142 BDad PepPizza	Cut 8	1	398	17	628	5.00	3.63	301.5	500	0.0	24.46	49.08	12.69	4.23
RedBarron73142BDadVeggie	1/8 Slice	1	473	42	1111	2.63	3.97	409.7	869	15.13	23.9	53.65	18.55	9.35
Condiments, Pizza	Packet	1	12	2	32	0.24	0.09	24.4	386	0.67	0.91	0.58	0.75	0.39
AZGold 2120700W Bean Burrito	7 oz.	1	458	20	800	6.00	5.76	340.0	399	0.0	14.5	68.5	12.0	5.50
VEGETARIAN OPTION	1 Each	1	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Smucker6673PBJ Crustless/soy	2.5 oz.	1	260	0	290	2.00	1.80	20.0	0	0.0	9.0	31.0	11.0	2.00
BOXED ENTREE SALAD	1 Each	1	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Salad, Tyson Patty w/ Roll	Container	1	407	40	1120	8.14	5.15	131.2	15863	40.64	22.25	49.16	14.8	2.73
SELECT 1-4 SIDES	1 Each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
BROCCOLI SALAD	.50 CUP	7	154	7	172	1.99	0.82	29.0	503	30.3	1.76	31.05	3.67	0.61
Carrots, Baby, 3 oz.	3 oz.	7	35	0	65	2.00	0.36	20.0	6000	6.0	1.0	8.0	0.0	0.00
PEACHES,CANNED,LIGHT SYRUP	.50 CUP	7	68	0	6	1.63	0.45	3.8	444	3.01	0.56	18.26	0.04	0.00
Juice, 100%, 4 oz., Assorted	4 oz.	7	72	0	12	0.00	0.00	6.7	0	26.0	0.33	15.71	0.0	0.00
CHOICE OF MILK	1 each	7	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Milk, NFChocolate/Strawberry	HALF PINT	3	140	5	180	0.00	0.00	350.0	500	0.0	9.0	25.0	0.0	0.00
Milk,1% Lowfat	HALF PINT	3	130	15	160	0.00	0.00	400.0	500	2.4	11.0	16.0	2.5	1.50
MILK SKIM	1/2 pint	1	90	5	135	0.00	0.00	350.0	500	2.4	9.0	14.0	0.0	0.00
Taco Sauce(pkt)	1 each	7	6	0	37	0.00	0.00	0.0	0	1.35	0.0	1.13	0.0	0.00
Weighted Daily Average			824	48	1087	9.64	4.91	615.7	10086	79.11	31.52	138.61	16.98	5.14
% of Calories											15.3%	67.3%	18.5%	5.6%
Nutrient Guideline			846	120	1420	8.00	4.50	400.00	1500	19.20	16.70		<=30.0	<10.00
% of Guideline Satisfied			97%	40%	77%	121%	109%	154%	672%	412%	189%			
Shortfall			22	72	333									

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Kern High School District

Apr 9, 2012 thru Apr 30, 2012 Spreadsheet - Portion Values

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KV Daily Special Lunch

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Tue - 04/24/2012														
KV Daily Special Lunch	Total	6												
TODAY'S DAILY SPECIAL	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
CK RF Taco Salad	4 oz. laddle	1	168	24	46	4.43	2.52	37.7	265	3.24	11.75	17.84	5.22	2.46
CK RF Taco Salad, Vegetarian	1 CUP	1	141	0	53	8.76	2.43	60.1	701	4.08	8.33	25.52	1.22	0.19
Warnock21120RF Tortilla Chips	2 OZ	2	250	0	200	4.00	0.72	80.0	0	0.0	4.0	38.0	9.0	1.00
LETTUCE,COS OR ROMAINE,RAW	1 CUP	2	8	0	4	0.95	0.44	15.0	3951	1.81	0.56	1.49	0.14	0.02
Gelh3214 Cheese Sauce Lite	2 OZ	2	41	0	439	0.00	0.00	36.6	2744	0.0	0.91	6.4	1.37	0.46
Foothill Farms Ranch Dressing	2 OZ	2	117	11	261	0.02	0.02	63.9	110	1.52	1.83	5.0	9.79	1.03
AZGold 2120700W Bean Burrito	7 oz.	1	458	20	800	6.00	5.76	340.0	399	0.0	14.5	68.5	12.0	5.50
PIZZA SLICE OF THE DAY	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
RedBarron73142 BDad PepPizza	Cut 8	1	398	17	628	5.00	3.63	301.5	500	0.0	24.46	49.08	12.69	4.23
RedBarron73142BDadVeggie	1/8 Slice	1	473	42	1111	2.63	3.97	409.7	869	15.13	23.9	53.65	18.55	9.35
Condiments, Pizza	Packet	1	12	2	32	0.24	0.09	24.4	386	0.67	0.91	0.58	0.75	0.39
BOXED ENTREE SALAD	1 Each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Salad, Tyson Patty w/ Roll	Container	1	407	40	1120	8.14	5.15	131.2	15863	40.64	22.25	49.16	14.8	2.73
SELECT 1-4 SIDES	1 Each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Vegetables, Raw Medley #1	1 CUP	6	20	0	14	1.51	0.38	19.7	507	33.52	1.38	3.68	0.22	0.04
SALAD DRESSING, Students	1 EA	6	27	0	405	0.00	0.18	5.0	0	0.0	0.5	4.87	0.88	0.00
Carrots, Baby, 3 oz.	3 oz.	6	35	0	65	2.00	0.36	20.0	6000	6.0	1.0	8.0	0.0	0.00
BANANAS	1 EACH	6	90	0	1	2.63	0.26	5.1	65	8.79	1.1	23.07	0.33	0.11
Juice, 100%, 4 oz., Assorted	4 oz.	6	72	0	12	0.00	0.00	6.7	0	26.0	0.33	15.71	0.0	0.00
CHOICE OF MILK	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Milk, NFChocolate/Strawberry	HALF PINT	2	140	5	180	0.00	0.00	350.0	500	0.0	9.0	25.0	0.0	0.00
Milk,1% Lowfat	HALF PINT	2	130	15	160	0.00	0.00	400.0	500	2.4	11.0	16.0	2.5	1.50
MILK SKIM	1/2 pint	2	90	5	135	0.00	0.00	350.0	500	2.4	9.0	14.0	0.0	0.00
Taco Sauce(pkt)	2 each	6	11	0	73	0.00	0.00	0.0	0	2.7	0.0	2.25	0.0	0.00
Weighted Daily Average			857	36	1662	13.66	5.50	705.6	12503	90.35	34.10	136.94	19.90	5.63
% of Calories											15.9%	63.9%	20.9%	5.9%
Nutrient Guideline			846	120	1420	8.00	4.50	400.00	1500	19.20	16.70		<=30.0	<10.00
% of Guideline Satisfied			101%	30%	117%	171%	122%	176%	834%	471%	204%			
Shortfall				84										

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Kern High School District

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KV Daily Special Lunch

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Wed - 04/25/2012														
KV Daily Special Lunch	Total	5												
TODAY'S DAILY SPECIAL	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
CK Turkey & Gravy	8 oz. laddle	1	224	*42	628	*0.29	*1.81	*53.7	*254	*0.25	*19.15	12.4	10.25	*2.79
BAF 10426 LowNa MashedPotatoes	.50 Cup	1	80	0	110	1.20	1.08	10.0	0	3.6	1.4	14.6	1.0	0.00
AZGold 2120700W Bean Burrito	7 oz.	1	458	20	800	6.00	5.76	340.0	399	0.0	14.5	68.5	12.0	5.50
PIZZA SLICE OF THE DAY	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
RedBarron73142 BDad PepPizza	Cut 8	1	398	17	628	5.00	3.63	301.5	500	0.0	24.46	49.08	12.69	4.23
RedBarron73142BDadVeggie	1/8 Slice	1	473	42	1111	2.63	3.97	409.7	869	15.13	23.9	53.65	18.55	9.35
Condiments, Pizza	Packet	1	12	2	32	0.24	0.09	24.4	386	0.67	0.91	0.58	0.75	0.39
BOXED ENTREE SALAD	1 Each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Salad, Tyson Patty w/ Roll	Container	1	407	40	1120	8.14	5.15	131.2	15863	40.64	22.25	49.16	14.8	2.73
SELECT 1-4 SIDES	1 Each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
SWEET POTATO, BAKED	1 EACH	5	151	10	75	4.04	0.83	49.7	22028	22.36	2.35	27.39	4.01	2.47
Vegetable, Fresh Green Beans	.50 CUP	5	12	0	91	1.24	0.37	20.6	232	1.73	0.63	2.71	0.07	0.02
SALAD DRESSING, Students	1 EA	5	27	0	405	0.00	0.18	5.0	0	0.0	0.5	4.87	0.88	0.00
FRUIT COCKTAIL:canned,lt syrup	.50 Cup	5	73	0	8	1.29	0.37	7.7	264	2.45	0.52	19.23	0.09	0.01
Juice, 100%, 4 oz., Assorted	4 oz.	5	72	0	12	0.00	0.00	6.7	0	26.0	0.33	15.71	0.0	0.00
CHOICE OF MILK	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Milk, NFChocolate/Strawberry	HALF PINT	2	140	5	180	0.00	0.00	350.0	500	0.0	9.0	25.0	0.0	0.00
Milk,1% Lowfat	HALF PINT	2	130	15	160	0.00	0.00	400.0	500	2.4	11.0	16.0	2.5	1.50
MILK SKIM	1/2 pint	1	90	5	135	0.00	0.00	350.0	500	2.4	9.0	14.0	0.0	0.00
Taco Sauce(pkt)	2 each	5	11	0	73	0.00	0.00	0.0	0	2.7	0.0	2.25	0.0	0.00
Weighted Daily Average			883	*52	1713	*11.27	*6.05	*713.8	*26679	*68.74	*35.44	140.96	20.05	*8.10
% of Calories											*16.1%	63.9%	20.4%	*8.3%
Nutrient Guideline			846	120	1420	8.00	4.50	400.00	1500	19.20	16.70		<=30.0	<10.00
% of Guideline Satisfied			104%	43%	121%	141%	134%	178%	1779%	358%	212%			
Shortfall				68										

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Kern High School District

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KV Daily Special Lunch

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Thu - 04/26/2012														
KV Daily Special Lunch	Total	6												
TODAY'S DAILY SPECIAL	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Lasagna, beef & cheese	cut 4 x 6	1	319	56	666	3.99	3.56	260.6	1200	14.73	17.17	39.64	10.12	5.33
Lasagna, Vegetable	cut 4x6	1	330	32	644	5.05	3.11	230.3	9737	17.43	17.46	41.44	10.49	3.12
PIZZA SLICE OF THE DAY	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
RedBarron73142 BDad PepPizza	Cut 8	1	398	17	628	5.00	3.63	301.5	500	0.0	24.46	49.08	12.69	4.23
RedBarron73142BDadVeggie	1/8 Slice	1	473	42	1111	2.63	3.97	409.7	869	15.13	23.9	53.65	18.55	9.35
Condiments, Pizza	Packet	1	12	2	32	0.24	0.09	24.4	386	0.67	0.91	0.58	0.75	0.39
AZGold 2120700W Bean Burrito	7 oz.	1	458	20	800	6.00	5.76	340.0	399	0.0	14.5	68.5	12.0	5.50
BOXED ENTREE SALAD	1 Each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Salad, chik, spicy/plain	Container	1	265	40	500	5.83	3.53	97.3	7051	57.09	17.38	22.85	12.67	2.34
SELECT 1-4 SIDES	1 Each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Romaine Lettuce Salad #2	1.75 Cup	6	107	3	307	4.00	1.76	75.7	3313	16.41	5.06	16.33	2.52	0.71
SALAD DRESSING, Students	1 EA	6	27	0	405	0.00	0.18	5.0	0	0.0	0.5	4.87	0.88	0.00
CELERY STICKS	.50 Cup	6	4	0	19	0.38	0.05	9.6	108	0.74	0.17	0.71	0.04	0.01
APRICOTS: canned,light syrup	.50 CUP	6	80	0	5	2.02	0.49	13.9	1672	3.42	0.67	20.86	0.06	0.00
Juice, 100%, 4 oz., Assorted	4 oz.	6	72	0	12	0.00	0.00	6.7	0	26.0	0.33	15.71	0.0	0.00
CHOICE OF MILK	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Milk, NFChocolate/Strawberry	HALF PINT	2	140	5	180	0.00	0.00	350.0	500	0.0	9.0	25.0	0.0	0.00
Milk,1% Lowfat	HALF PINT	2	130	15	160	0.00	0.00	400.0	500	2.4	11.0	16.0	2.5	1.50
MILK SKIM	1/2 pint	2	90	5	135	0.00	0.00	350.0	500	2.4	9.0	14.0	0.0	0.00
Taco Sauce(pkt)	1 each	6	6	0	37	0.00	0.00	0.0	0	1.35	0.0	1.13	0.0	0.00
Weighted Daily Average			791	45	1674	11.20	6.42	754.8	8950	67.03	35.70	123.90	17.21	6.27
% of Calories											18.1%	62.7%	19.6%	7.1%
Nutrient Guideline			846	120	1420	8.00	4.50	400.00	1500	19.20	16.70		<=30.0	<10.00
% of Guideline Satisfied			93%	38%	118%	140%	143%	189%	597%	349%	214%			
Shortfall			55	75										

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Kern High School District

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KV Daily Special Lunch

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Fri - 04/27/2012														
KV Daily Special Lunch	Total	6												
TODAY'S DAILY SPECIAL	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
USDA Chicken, BBQ Glazed	SRVG	1	149	51	357	0.00	1.00	7.0	70	0.0	11.27	10.46	6.06	2.00
PIZZA SLICE OF THE DAY	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
RedBarron73142 BDad PepPizza	Cut 8	1	398	17	628	5.00	3.63	301.5	500	0.0	24.46	49.08	12.69	4.23
RedBarron73142BDadVeggie	1/8 Slice	1	473	42	1111	2.63	3.97	409.7	869	15.13	23.9	53.65	18.55	9.35
Condiments, Pizza	Packet	1	12	2	32	0.24	0.09	24.4	386	0.67	0.91	0.58	0.75	0.39
AZGold 2120700W Bean Burrito	7 oz.	1	458	20	800	6.00	5.76	340.0	399	0.0	14.5	68.5	12.0	5.50
VEGETARIAN OPTION	1 Each	1	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Don Lee Farms10321 Veggie Burg	Sandwich	1	344	7	776	5.50	2.54	119.1	3705	8.0	12.02	48.0	12.38	2.37
Lettuce,Tomato,Pickle Cup	1/2 Cup	1	10	0	257	0.83	0.24	17.3	333	4.66	0.55	2.12	0.12	0.02
Condi, Ket, Mstrd, Mayo, Taco	Serv	1	55	0	434	0.06	0.65	34.6	150	4.95	0.26	8.14	1.58	0.18
BOXED ENTREE SALAD	1 Each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Salad, Tyson Patty w/ Roll	Container	1	407	40	1120	8.14	5.15	131.2	15863	40.64	22.25	49.16	14.8	2.73
SELECT 1-4 SIDES	1 Each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Lamb WestonL0084Sweet Potato F	3 OZ	6	132	0	111	3.04	0.36	20.3	3544	6.08	1.01	22.27	5.06	0.00
Cowboy Caviar	.50 CUP	6	78	0	242	3.93	1.27	37.5	546	8.93	3.66	15.3	0.81	0.12
STRAWBERRIES, FROZEN, THAWE	.50 CUP	6	39	0	2	2.30	0.83	18.0	50	45.5	0.48	10.09	0.12	0.01
Juice, 100%, 4 oz., Assorted	4 oz.	6	72	0	12	0.00	0.00	6.7	0	26.0	0.33	15.71	0.0	0.00
CHOICE OF MILK	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Milk, NFChocolate/Strawberry	HALF PINT	2	140	5	180	0.00	0.00	350.0	500	0.0	9.0	25.0	0.0	0.00
Milk,1% Lowfat	HALF PINT	2	130	15	160	0.00	0.00	400.0	500	2.4	11.0	16.0	2.5	1.50
MILK SKIM	1/2 pint	2	90	5	135	0.00	0.00	350.0	500	2.4	9.0	14.0	0.0	0.00
Taco Sauce(pkt)	1 each	6	6	0	37	0.00	0.00	0.0	0	1.35	0.0	1.13	0.0	0.00
Weighted Daily Average			830	38	1482	14.00	6.30	679.9	8352	101.79	33.51	131.11	19.98	5.09
% of Calories											16.2%	63.2%	21.7%	5.5%
Nutrient Guideline			846	120	1420	8.00	4.50	400.00	1500	19.20	16.70		<=30.0	<10.00
% of Guideline Satisfied			98%	32%	104%	175%	140%	170%	557%	530%	201%			
Shortfall			16	82										

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Kern High School District

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KV Daily Special Lunch

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Mon - 04/30/2012														
KV Daily Special Lunch	Total	9												
TODAY'S DAILY SPECIAL	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Enchilada, Pork Carnitas	Container	1	422	48	595	3.50	1.00	158.0	1068	9.0	20.0	26.0	15.0	6.40
Enchilada, Vegetarian	7.25 oz. Pkg	1	194	6	586	2.60	2.00	160.0	746	7.0	17.3	27.0	5.6	1.00
PIZZA SLICE OF THE DAY	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
RedBarron73142 BDad PepPizza	Cut 8	1	398	17	628	5.00	3.63	301.5	500	0.0	24.46	49.08	12.69	4.23
RedBarron73142BDadVeggie	1/8 Slice	1	473	42	1111	2.63	3.97	409.7	869	15.13	23.9	53.65	18.55	9.35
Condiments, Pizza	Packet	1	12	2	32	0.24	0.09	24.4	386	0.67	0.91	0.58	0.75	0.39
AZGold 2120700W Bean Burrito	7 oz.	1	458	20	800	6.00	5.76	340.0	399	0.0	14.5	68.5	12.0	5.50
BOXED ENTREE SALAD	1 Each	1	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Salad, Tyson Patty w/ Roll	Container	1	407	40	1120	8.14	5.15	131.2	15863	40.64	22.25	49.16	14.8	2.73
SELECT 1-4 SIDES	1 Each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
BROCCOLI SALAD	.50 CUP	9	154	7	172	1.99	0.82	29.0	503	30.3	1.76	31.05	3.67	0.61
Carrots, Baby, 3 oz.	3 oz.	9	35	0	65	2.00	0.36	20.0	6000	6.0	1.0	8.0	0.0	0.00
Trail Mix - Fruit & Nuts USDA	1/3 Cup	9	237	0	0	5.27	1.23	68.6	0	0.0	4.04	40.44	6.68	3.52
Juice, 100%, 4 oz., Assorted	4 oz.	9	72	0	12	0.00	0.00	6.7	0	26.0	0.33	15.71	0.0	0.00
CHOICE OF MILK	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Milk, NFChocolate/Strawberry	HALF PINT	3	140	5	180	0.00	0.00	350.0	500	0.0	9.0	25.0	0.0	0.00
Milk, 1% Lowfat	HALF PINT	3	130	15	160	0.00	0.00	400.0	500	2.4	11.0	16.0	2.5	1.50
MILK SKIM	1/2 pint	3	90	5	135	0.00	0.00	350.0	500	2.4	9.0	14.0	0.0	0.00
Taco Sauce(pkt)	1 each	9	6	0	37	0.00	0.00	0.0	0	1.35	0.0	1.13	0.0	0.00
Weighted Daily Average			886	35	986	12.39	4.81	660.3	9206	73.30	30.51	145.10	20.00	7.91
% of Calories											13.8%	65.5%	20.3%	8.0%
Nutrient Guideline			846	120	1420	8.00	4.50	400.00	1500	19.20	16.70		<=30.0	<10.00
% of Guideline Satisfied			105%	29%	69%	155%	107%	165%	614%	382%	183%			
Shortfall				85	434									

Weighted Average			847	*43	1484	*12.19	*5.83	*699.6	*12766	*80.81	*34.40	135.37	19.16	*6.45
											*16.2%	63.9%	20.4%	*6.9%

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Kern High School District

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KV Daily Special Lunch

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Nutrient	Menu AVG	Portion	Plan	Cals	Cholst	Sodm	Fiber	Iron	Calcm	Vit-A	Vit-C	Protn	Carb	T-Fat	S-Fat
		Size	Qty	(kcal)	(mg)	(mg)	(g)	(mg)	(mg)	(IU)	(mg)	(g)	(g)	(g)	(g)
		% of Cals	Target	% of Target	Miss Data	Shortfall	Error Messages (if any)								
Calories	847		846	100%											
Cholesterol (mg)	43		120	36%	Missing		Correction Required - Sodium too High								
Sodium (mg)	1484		1420	105%											
Fiber (g)	12.19		8.00	152%	Missing										
Iron (mg)	5.83		4.50	130%	Missing										
Calcium (mg)	699.6		400.00	175%	Missing										
Vitamin A (IU)	12766		1500	851%	Missing										
Vitamin C (mg)	80.81		19.20	421%	Missing										
Protein (g)	34.40	16.24%	16.70	206%	Missing										
Carbohydrate (g)	135.37	63.92%													
Total Fat (g)	19.16	20.35%	<=30.00%												
Saturated Fat (g)	6.45	6.85%	<10.00%		Missing										

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